# A Joint British Association of Day Surgery & HCUK Conference

# Day Case Major Knee Surgery

ACL reconstructions to Total Knee replacements

Thursday 13th October 2022

Virtual Conference



#### Chair and Speakers include:

**Dr Kim Russon** Immediate Past President BADS Consultant Anaesthetist The Rotherham NHS Foundation Trust

#### s include:

Mr Graham Walsh Consultant Orthopaedic Surgeon & CCIO Calderdale & Huddersfield NHS Foundation Trust

#### Kayleigh Wright

Team Leader/ Clinical Specialist, Orthopaedic Physiotherapy The Rotherham NHS Foundation Trust **Dr Mary Stocker** *Past President* BADS *Consultant Anaesthetist* Torbay & South Devon Healthcare Trust















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# Day Case

# E100 special care for the spec **Major Knee Surgery**

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### Virtual Conference

As we enter the recovery phase following the huge disruption caused by Covid-19 the number of patients waiting for orthopaedic surgery remains at record levels with 730,000 on the waiting list in March 2022, the largest number for over a decade.

In response to the Governments Elective Recovery Plan, it is clear we must work differently to respond to these unprecedented waits and Day Case surgery offers us a way to help increase efficiencies and make an impact on these waiting times.

Day case anterior cruciate ligament reconstruction surgery and uni-compartment knee replacement surgery has been routine practice for over 10 years in some trusts. Building on this, leading units are now providing total hip and knee replacement surgery on a day case basis. It has been proven to be safe, achievable and has been replicated across several trusts.

Increasing the delivery of day case total joints across the NHS is achievable and it is important to share learning so that day case arthroplasty becomes the normal in units across the UK.

Join us to learn how this is achievable for our patients and learn how digital technology can aid this and move us towards a more virtual way of working.

#### This conference will enable you to:

- Network with colleagues who are working to improve day surgery orthopaedic services
- Learn from outstanding practice in day surgery arthroplasty
- Reflect on national developments and learning
- Understand how you can improve your day surgery pathways
- Identify key strategies for implementation of a day surgery joint replacement service
- Ensure you are up to date with the latest national practice
- Self assess and reflect on your own practice
- Supports CPD professional development and acts as revalidation evidence. This course provides 5 Hrs training for CPD subject to peer group approval for revalidation purposes

#### About the British Association of Day Surgery (BADS)

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The British Association of Day Surgery (BADS) is a multi-disciplinary organisation constituted of surgeons, anaesthetists, nurses and allied healthcare professionals, including operating department practitioners, anaesthetic practitioners, perioperative assistants, physiotherapists and hospital managers.

It is committed to promoting excellence in day surgery via its educational activities, publications and collaborations with other organisations including Getting it Right First Time and The Centre for Perioperative Care.

Membership benefits include free access to our online handbooks, advice sheets, day surgery directories and previous annual conference presentations. Members also receive discounted fees for the BADS Annual Conference and HCUK/BADS virtual conferences and are eligible to apply for the BADS Educational Grant and complimentary membership of the International Association of Ambulatory Surgery. They may also submit unlimited publications to the Journal of One Day Surgery without incurring article processing fees.

Further information is available from the BADS website: www.bads.co.uk

Twitter: @britdaysurgery

LinkedIn: www.linkedin.com/company/the-british-association-of-day-surgery



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#### 10.00 AM Chair's Welcome and Introduction

Mr Graham Walsh Consultant Orthopaedic Surgeon & CCIO Calderdale & Huddersfield NHS Foundation Trust

#### 10.05 Covid-19 and it's impact on surgery

#### **Dr Justin Kua**

NIAA HSRC Clinical Research Fellow ICU Clinical Fellow, The London Clinic Anaesthetic SpR

#### 10.25 Optimising your Day Case Pathway

#### **Dr Mary Stocker**

Past President BADS Consultant Anaesthetist Torbay & South Devon Healthcare Trust

- What is the risk of having surgery with recent covid 19 infection
- When is it "safe" to proceed with elective surgery after covid 19 infection
- Update from Covidsurge 3 study
- Key elements of a day surgery pathway
- Patient suitability for day surgery
- Planning for successful day surgery

11.00 Question and Answers, followed by Comfort Break and Virtual Networking

#### 11.30 Implementing Day Case Pathways for Major Knee Surgery in the South West (Torbay & SWAOC)

Mr David Isaac Consultant Orthopaedic Surgeon Dr Claire Blandford Consultant Anaesthetist Torbay and South Devon NHS Foundation Trust

- A decade of Torbay experience in ACL & UKR achieving constant, high quality outcomes
- Transformation of pathways to make joint arthroplasty a day case procedure what matters?
- The SWAOC story (South West Ambulatory Orthopaedic Centre) launch, pathways, outcomes. How this has revolutionised current orthopaedic care to become a top performer in hip & knee arthroplasty care.

#### 12.10 Default to Day Surgery for Anterior Cruciate Ligament Reconstruction & Uni-compartment Knee Replacement

Mr Alex Anderson Consultant Orthopaedic Surgeon

#### Dr Kim Russon

Immediate Past President BADS & Consultant Anaesthetist Kayleigh Wright

Team Leader/Clinical Specialist – Inpatient Orthopaedics The Rotherham NHS Foundation Trust

- We will discuss how we achieved a 100% successful daycase discharge through our day surgery unit and the importance of:
- Multidisciplinary team engagement
- Day case spinal anaesthesia
- Using the day surgery unit

12.50 Question and Answers, followed by Lunch Break and Virtual Networking

#### **PM Chair's Introduction**

Dr Kim Russon Immediate Past President The British Association of Day Surgery (BADS) & Consultant Anaesthetist The Rotherham Foundation Trust Hospital

#### 14.00 Ambulatory Knee Arthroplasty – Goals of the anaesthetist in managing post-operative pain

- Dr David Johnston
- Consultant Anaesthetist Musgrave Park Hospital, Belfast

- Multimodal is our cornerstone for analgesia
- Adductor canal blocks where do we stand now?
- iPACK versus periarticular infiltration

#### 14.30 The golden combination of super-short acting spinal plus super-long acting lpack block to deliver daycase

Dr Robbie Erskine

Consultant Anaesthetist University Hospitals of Derby and Burton NHS Foundation Trust

- Targeted daycase spinal anaesthesia dosage is key for early mobilisation
- Using iPACK block to aid daycase knee surgery
- $\bullet$  The benefits of combination of targeted spinal anaesthesia and <code>iPACK</code> block

15.00 Question and Answers, followed by Comfort Break and Virtual Networking at 15.15

15.30 Monitoring your outcomes in Day Case Knee Surgery

**Dr Mary Stocker** 

Dr Nisha Bhuskute Consultant Angesthetist

Past President BADS Consultant Anaesthetist Torbay & South Devon Healthcare Trust

- Value of data in motivating teams
- Sources of day surgery data
- Possible metrics to benchmark day surgery orthopaedic performance

#### 16.00 Delivering a successful Day Case Knee Replacement Pathway

Mr Graham Walsh Consultant Orthopaedic Surgeon & CCIO

- Innovation & transformation in improving care for major arthroplasty patients
   Role of technology in enhancing delivery of day case knee replacement pathway
- Share our experience in delivering successful day case knee replacement pathway
- Calderdale & Huddersfield NHS Foundation Trust

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## **Conference Registration Day Case Major Knee Surgery** ACL reconstructions to Total Knee replacements

#### Thursday 13th October 2022

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#### Date Thursday 13th October 2022

months after the event date.

#### **Conference Fee**

£295 + VAT (£354) for NHS, Social care, private healthcare organisations and universities.

secure landing page with resources available for three

- £250 + VAT (£300) for voluntary sector / charities. £495 + VAT (£594) for commercial organisations.
- £100 + VAT (£120) for BADS members & Trainees (medical, nursing, allied health professionals)

organise. If you DO NOT wish to receive this information, please tick this box

#### \*\*Group Rates

A discount of 15% is available to all but the first delegate from the same organisation, booked at the same time, for the same conference.

Terms & Conditions

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#### **Confirmation of Booking**

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#### Exhibition

If you are interested in exhibiting at this event, please contact Carolyn Goodbody on 01932 429933, or email carolyn@hc-uk.org.uk

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