

Editor-in-Chief Letter JODS 34.1

Andrei Tanase



Figure 1. Andrei Tanase JODS Editor-in-Chief

Dear Readers,

I am excited to share with you this next edition of the Journal of One-Day Surgery (JODS) featuring impactful research advancing day surgery techniques, protocols, and care pathways.

In this issue, we have two excellent original studies from our colleagues Nair et al. and Adesuyi et al. Nair and colleagues present a prospective audit evaluating readmission rates after laparoscopic cholecystectomy. Their study of over 800 patients at a UK district hospital found a 6% 30-day readmission rate, meeting national standards. Analysis revealed opportunities to further reduce readmissions through enhanced post-op pain control and follow-up.

Meanwhile, Adesuyi et al.'s multi-cycle audit demonstrates the feasibility and benefits of a dedicated day case pathway for incision and drainage of superficial abscesses. Implementation of the pathway significantly reduced waiting times for surgery. Ongoing compliance and optimization of inclusion criteria are needed, but the pathway improved patient experience and reduced unnecessary hospital stays.

These two audits showcase the impact that thoughtfully developed care pathways and protocols can have on quality, safety, and cost-effectiveness in day surgery. I thank Nair, Adesuyi, and their teams for contributing this research.

For our feature article this month, Mr. Nicolas Bryan shares his center's experience with implementing an outpatient care pathway for UroLift, a minimally invasive BPH treatment. By offering UroLift monthly in their new Urology Diagnostic Unit under local anesthetic, his team significantly improved efficiency and reduced waits. Patients are discharged within 2 hours. Mr. Bryan provides insights on optimizing workflows, patient selection, and staffing to successfully introduce new ambulatory technologies. He quantifies impacts including dramatically reduced waits and freed up procedural capacity. This implementation provides a model for transforming BPH care through innovation.

As we continue facing pressures on surgery waiting times, studies like these highlight strategies that can maximize day case surgery to increase capacity and access while maintaining excellent outcomes. I hope you find these latest articles from JODS valuable. We aim to continuously provide a platform for learning from one another to advance day surgery locally and globally.

Sincerely,

Mr. Andrei Tanase



Editor-in-Chief, JODS